



For

***Sample Report***

28 May 2009

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## Your personalized report contains the following information

About myCORE™ Self Report

Your Natural Style

Understanding Sample Report

Sample Report's Decision-Making and Communication Preferences

Sample Report's myCORE™ Challenges

Sample Report's myCORE™ Environment

How to Apply myCORE™ Self Report

The Power Behind PREP

## myCORE™ Self Report

### Welcome Sample Report!

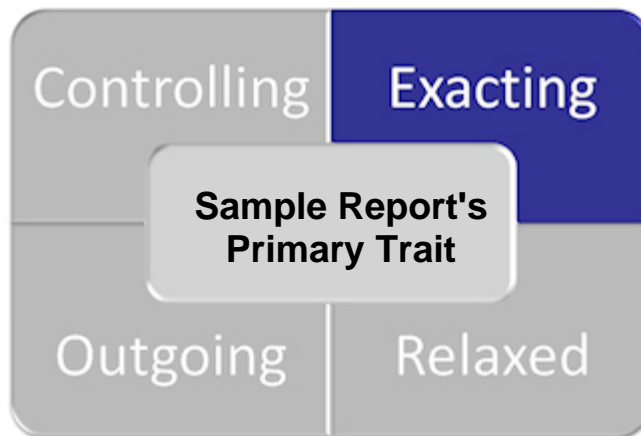
The myCORE™ Self Report is an abbreviated version of the professional myCORE™ Pro Report, which provides a description of how you communicate with others, make decisions, react under pressure, respond to different environments and reveals your CORE Career strengths and self development opportunities.

This report is based on the highly researched PREP Profile System's four primary CORE™ trait and trait combination model that has statistically integrated the Jungian (MBTI) and Quadrant (DISC) Models.

The personality traits in your Natural Style set the foundation for understanding your personality. Your basic myCORE personality trait highlights approximately half of your natural strengths, challenges, and your most motivating environment.

The key to understanding your Natural Style personality is the Exacting trait.

Click on your trait to view more descriptions!



The Exacting Trait is known for being:

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[Click here to see samples of the myCORE™ Personality Series of reports and guides.](#)



## Sample Report's myCORE™ Decision-Making and Communication Preferences

How you communicate with others, process information and make decisions is important in developing healthy relationships, accomplishing your goals, working in teams or groups and establishing a satisfying career.

From your personality survey, the following highlight your primary and secondary trait preferences in making decisions and communicating with others.

**Communication**

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**Decision-Making**

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Difficult or uncomfortable situations may occur when your approach to a problem or decision is not the same as someone else's style. Often, if you are frustrated in communications with another, it may be because their decision-making or communication style is opposite yours. If you can regroup and try to not take their communication as negatively directed or that they are "stupid", it is easier to approach them in a different style.

For instance, if you are an urgent person, you may think others are trying to delay you, when in fact their Relaxed nature just needs more time to reflect and think before giving a thoughtful response. Likewise, the Relaxed person can feel hurt and disrespected when they feel "pushed" to make a decision, when the urgent person was just trying to stay on schedule or keep things moving.

For a more detailed review of these preferences, upgrade to myCORE™ Self Development Report or myCORE™ Pro-Report, your complete professional personality report.

### Sample Report's myCORE™ Challenges

When we are with people like ourselves, we usually have calmer relationships. However, in the real world, that doesn't occur very often for very long! The more we know of our "negative" side to our personality, that is, when we are irritated and under pressure, the more easily we can adapt and have broader flexibility in our relationships. No one said getting along was going to be easy! But it has been said often that the person with the greatest flexibility and perseverance achieves his or her desired outcomes most frequently.

#### Sample's Worst Environments & Pet Peeves

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*Pet Peeves are a major source of personal irritation and annoyance, often provoked by a style opposite to yours. Pet Peeves my lead to "negative" behaviors.*

#### Sample's Behavior Under Pressure

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*Under Pressure behaviors are a natural reaction (not necessarily a mature one!) to being annoyed. These set the stage for our openness to change.*

#### Sample's Approach to Change

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*Your Approach to Change will either help in the situation or make things worse, depending on your attitude and willingness to meet the other person/s half-way. The more you express specifically where you are comfortable or "uncomfortable", the easier others usually can pace change with you.*

For more information on additional trait challenges you probably experience upgrade to the myCORE™ Self Development Report or myCORE™ Pro-Report. Click here for samples of the myCORE™ Self Series reports.







**Thrive with life changes...**

There are change and stresses you currently are experiencing that are measured in PREP's Professional reports. If you are interested in exploring your CORE™ Personality or the impact of your current change and stress on your energy level, we can schedule time for you with a certified consultant or coach. Please contact us at



mycoach@prep-profiles.com

Please visit our website to learn more about how PREP could benefit you, please visit

www.prep-profiles.com

Additionally, there are other PREP reports delivered only by certified PREP Administrators that offer insights into your current motivation, stress levels, energy, job matches, team, coaching for management, sales and career development.



For information on reports, services, for information on becoming certified to administer CORE and PREP reports professionally, or career opportunities, please contact: PREP Profile Systems, Inc.,

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**Powered by PREP: The Science behind Simplicity**

Through PREP's remarkable, highly researched and validated survey and aligned system of applied personality reports, individuals, teams, and organizations have been developing a better workplace for over 25 years. The reports, distribution system through in-house and Human Resource professionals offer individuals and organizations a refreshing simplicity and practical report without cross-cultural bias that embodies the highest of statistical standards and most current human resources best practices.

PREP Profile Systems, Inc. was founded as PREP, Inc. in 1984 and is dedicated to a global mission of building trust through stronger communications and interpersonal relationships in the workplace. The PREP Personality system was developed by JoAn Mann, MBA, GPHR, supported by her team of researchers: Statistician, Dr. Robert (Samuel) Houston, professor emeritus University of Northern Colorado; physician, Dr. Stephen Mann; statistician, Dr. Shaun Pichler, professor at Cal State Fullerton and Dr. Bjoern Kesper, Web Program Developer.

Part of the power and magic of the "5-minute miracle" as many of our clients refer to PREP, is the survey's very unique, highly selective eighth grade common reading vocabulary that have set a new standard in personality assessments for non-bias cultural testing.

Thank you for becoming part of the growing PREP - myCORE™ Community!

